

CDM – Regulations and best practice

Overview

A comprehensive introduction to the CDM Regulations (including the new regulations proposed for 2007) and their practical implementation.

Training objectives

This course will give participants:

- An overview of construction health and safety law, liability and enforcement
- A detailed understanding of the CDM Regulations (including the changes being introduced later this year) and how they tie in with other key health and safety legislation
- An explanation of the roles and responsibilities of all duty holders (and how they may vary on different types of project and procurement routes) and the information requirements for the Pre-Tender Health and Safety Plan and the Construction Phase Plan
- Clear advice on current best practice for complying with the principles of the CDM Regulations
- An understanding of how risk assessment should be applied practically throughout the design and how this responsibility is then transferred to contractors

Audience

Appropriate for anyone involved in the procurement, planning, design or implementation of construction work (including building maintenance). Equally appropriate to those with no prior knowledge of the Regulations or those looking for a refresher on current best practice.

Applicable to:

- Clients, agents, planning supervisors, designers and contractors
- Property, facilities and maintenance managers; health and safety managers

Format

A one-day programme using a mixture of formal tuition, a structured exercise and facilitated discussion to allow participants to explore practical examples and consider best practice.

The expert trainer

David is Managing Director of one of the UK's leading health and safety consultancies and is himself a practising health and safety consultant. With 20 years' practical experience as a chartered engineer in the construction industry, he set up his own company in 1994 to offer a range of practical risk management solutions to client organisations, primarily in the field of health and safety and project risk management. The company grew rapidly through the development of long-term relationships with clients and then merged with one of the leading international environmental consultants, where David leads the health and safety practice.

David's particular strengths are in the development of practical solutions in the management of health and safety and the integration of health and safety management systems into business and project processes. He has considerable experience in applying these strengths to assisting clients develop robust systems for managing contracted activities.

He is able to draw upon his practical knowledge, management experience and enthusiasm to get the job done to deliver highly interactive and enjoyable training courses, as the following comments from course participants demonstrate:

'David has a clear understanding of the subject and presented the subject matter very well.'

'David's ability to give practical examples of how CDM was relevant to our business and how best to approach implementation was particularly useful.'

'David is very knowledgeable, very good and interesting course, a lot of encouragement to interact.'

'David did an excellent job presenting this course and I am sure we will be using him again for our safety courses and consultancy.'

'David's business experience allows him to clearly demonstrate the benefits of 'active' HSE management. Rather than tutor-based presentations on theory he was able to draw on experience and personal exposure to real everyday problems.'

Course outline

1 Introduction

- Why manage health and safety?
- The costs of accidents
- Construction industry statistics
- Why CDM?
- Health and safety culture in the construction industry

2 Overview of health and safety law and liabilities

- Criminal and civil law
- Liability
- Enforcement and prosecution
- Compliance – how far do we go?

3 Health and safety law in construction

- Framework of relevant legislation
- Health and Safety at Work etc Act 1974
- Management of Health and Safety at Work Regulations 1999
- Construction (Design and Management) Regulations 1994
- Construction (Health, Safety and Welfare Regulations) 1996
- Who is responsible for the risks created by construction work?
- Shared workplaces/shared responsibilities
- Control of contractors – importance of contract law

4 Construction (Design and Management) Regulations

- Scope – what is construction?
- Application – when do they apply?
- The CDM management system
- Duty holders (client, designer, planning supervisor, principal contractor, contractor)
- Documents (HSE Notification, H&S Plan, H&S File)
- Management process
- The 2002 Approved Code of Practice
- Changes being introduced in 2007

5 Risk assessment in construction

- Principles of risk assessment
- Loss prevention/hazard management
- What is a suitable risk assessment?
- Design v construction risk assessment
- The client is a designer?
- Whose risk is it?

6 Risk assessment exercise

- Understanding the principles of design risk assessment
- Identifying hazards under the control of clients and designers
- Quantifying the risk

7 Best practice – key issues in the CDM process

- Dutyholder roles
- Project health and safety management systems
- Health and safety goals for the project
- Assessing health and safety competence and resources
- Pre-Tender Health and Safety Plans
- Construction Phase Health and Safety Plans
- The Health and Safety File

8 Questions, discussion and review

© The In-House Training Company / the trainer

**TO DISCUSS YOUR TRAINING REQUIREMENTS
PLEASE CALL 01582 469080**

<http://www.in-house-training.com>

Email: info@in-house-training.com